



Rijal Family Child Care

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Daily Schedule

8:00 am - 9:00 am	Arrival, Greeting, Free Play/Yoga
9:00 am - 9:30 am	Arts & Crafts/Learning Activity Time
9:30 am - 10:00 am	Morning Snacks
10:00 am - 10:30 am	Circle/Story Time
10:30 am - 11:00 am	Music & Dance Time/Outdoor Activities/Gross Motor
11:00 am - 11:45 am	Lunch Time
11:45 am - 12:45 pm	Free Play
1:00 pm - 3:00 pm	Nap Time/Quiet Time
3:00 pm - 3:30 pm	Free Play
3:30 pm - 4:00 pm	Afternoon Snacks
4:00 pm – Pickup Time	Activities/Music/Reading/Playtime

Infant Schedule:

Infants' schedule for milk, nap and diaper as required.