



Rijal Family Child Care

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Child's Curriculum

This curriculum provides a balanced mix of cognitive, language, physical, social-emotional, and creative experiences throughout the year while allowing flexibility to adapt activities to infants (birth–15 months) and toddlers (15–36 months) according to their developmental stages.

Infant & Toddler Annual Curriculum (Monday–Friday)

Month	Theme	Language & Literacy	Math & Science	Art & Sensory	Physical Development	Social-Emotional
September	Welcome to Daycare	Names, songs, stories	Colors, sorting	Handprints, sensory bins	Outdoor play	Making friends, routines
October	Fall Harvest	Fall books, vocabulary	Leaves, pumpkins	Leaf rubbings, pumpkin art	Nature walks	Sharing and cooperation
November	Thankfulness	Family stories	Counting, food	Thankful tree, collage	Ball play	Kindness and gratitude
December	Winter	Winter stories, songs	Snow, weather	Snowflake crafts, sensory snow	Dance and movement	Caring and giving
January	Healthy Me	Body parts, healthy habits	Healthy foods, exercise	Fruit painting	Obstacle course	Self-help skills
February	Love & Friendship	Rhymes, feelings	Shapes, matching	Heart crafts	Music and dance	Friendship and kindness

Month	Theme	Language & Literacy	Math & Science	Art & Sensory	Physical Development	Social-Emotional
March	Spring	Nature books	Plants, rain	Flower art, seed planting	Outdoor exploration	Teamwork
April	Animals	Animal stories	Animal habitats	Animal masks	Animal movements	Caring for living things
May	Gardens & Nature	Garden vocabulary	Flowers, insects	Nature collage	Gardening	Responsibility
June	Summer Fun	Summer stories	Water, sun	Bubble art	Water play	Cooperation
July	Transportation	Vehicle books	Wheels, movement	Vehicle painting	Riding toys	Taking turns
August	Colors & Shapes Review	Review books	Sorting, counting	Mixed media art	Outdoor games	Confidence and independence

Daily Learning Areas (Monday–Friday)

Area	Activities
Language & Literacy	Story time, songs, nursery rhymes, conversation
Math & Science	Counting, colors, shapes, weather, nature exploration
Art & Sensory	Painting, play dough, water play, sensory bins
Fine Motor	Puzzles, blocks, stacking, drawing
Gross Motor	Outdoor play, dancing, climbing, ball games
Social-Emotional	Sharing, routines, self-help, friendship, feelings
Music & Movement	Singing, instruments, action songs, movement games